

## A Message from the President John R. Durso



John R. Carw

## This is Not a "People's Convention"

On Election Day, there will be an incredibly important question on the ballot, which gives you the opportunity to decide whether or not a Constitutional Convention will be held. This Convention, if approved by New York voters, will allow for changes and additions to the New York State Constitution.

Referendums on Constitutional Conventions occur every 20 years and one hasn't occurred in our State since the 1960s. While it might seem appealing to modernize the text of our State Constitution to reflect many changes that have taken place over the last 50 years, we are at a risk of losing a lot more than we stand to gain. New York is one of the only States

that explicitly states the rights of its residents to collectively bargain for a fair contract. It also contains strong language that ensures pensions for public sector workers, as well as the right to workers compensation should you be injured on the job. If voters elect to hold a Convention, it could potentially limit the power Local 338 and other unions have to fight for your rights and protections in your workplace.

A Constitutional Convention is an expensive process with no projected timeline or established agenda. The agenda would be set by elected Delegates who are often sitting elected officials. These delegates would be paid their normal salaries plus an additional \$80,000 taxpayer-funded bonus. Taxpayers will lose hundreds of thousands of dollars and the added bonuses will raise the possibility of corruption and the convention lasting years longer than it should. Many advocates of the Constitutional Convention believe that a Convention will allow us to finally attain certain important language like much needed ethics reform. However, much of what supporters have proposed can be achieved simply through the passage of legislation at a fraction of the cost to New York's taxpayers.

Even more concerning is the reality of those who are supporting the Constitutional Convention. The Convention is being championed as "the People's Convention." However, it is just the opposite. Special interest groups and the billionaire class have already begun pouring millions of dollars into our state to try to influence voters further grow their own wealth at your expense. These groups could have a strong influence to make changes in the Constitution without consideration of the things that we all value as hard working New Yorkers.

There is a real risk that the protections that we currently have could be eliminated in a new State Constitution or that anti-union language like "Right to Work for Less" could be added to undermine our power as union members. This could truly make it more difficult to negotiate a fair contract with the benefits and protections that you have earned. To ensure that the things we value as working people are heard in Albany, it is especially important that we continue to stand together and fight for our rights by voting NO to a Constitutional Convention on Election Day. Please also encourage your coworkers, friends, and family to do the same!









Join Local 338 RWDSU/UFCW at the

## Labor Day Parade!

Celebrating New York's Working Men and Women!

### Saturday, September 9, 2017

Stay tuned for details about our meeting location. There will also be a bus leaving from the Local 338 office in Mineola.

For more information or to R.S.V.P., please contact Nikki Kateman at (516) 294-1338 ext. 1274.



## One Day Longer, One Day Stronger! We Stand with IBEW Local 3!

# Spectrum Cable Workers On Strike

For more than three months now, members of Local 3 IBEW have been on strike against Charter Communications-Spectrum. The 1,800 cable technicians voted to strike as the company has threatened to reduce their pensions and healthcare benefits. Recently, the company has also hired low paid non-union workers from out of state to replace the hardworking union men and women while they are fighting to obtain a fair contract with fair benefits. The skilled workers at Spectrum have built careers out of their positions, and are now trying to cope with the devastating effects that losing these benefits could have in the long-term for their families.

All working people deserve to have stability and security on the job as well as the ability to retire with dignity and respect. Unions have and will continue to fight to ensure we

do not lose our rights and protections because as working people we deserve these basic rights. We will continue to stand with our brothers and sisters of IBEW Local 3 until they get a fair contract!



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## When We Stand Together, Workers Win!

As you may know, 130 of our union brothers and sisters from Teamsters Local 812 have been on strike since April. Their employer, Clare Rose, is one of the largest beer distributors in the country. However, despite

their high profits, the Company proposed a 30% wage cut and an end to pensions during contract negotiations.

On July 13th, after 82 days on strike, Teamsters Local 812 announced that they reached a tentative contract agreement and the drivers and warehouse distributors would be returning to work. With this contract, the workers will continue to receive fair wages that compensate their hard work. Their pensions have also been preserved and the agreement guarantees that Clare Rose will continue to contribute to the members' pensions ensuring retirement security for those hardworking men and women.

The agreement comes in large part because of the solidarity shown by both the community and members of the labor movement. Over the last few months, dozens of bars, stores, and restaurants boycotted purchasing products distributed by Clare Rose in support of the workers. Thousands of Long Islanders participated in boycott or stopped by the picket line to stand with Teamsters Local 812, including the members and staff of Local 338.

This victory goes to show that when we unite and support our union brothers and sisters, we make our message clear that corporate greed is unacceptable and workers are entitled to a fair union contract!









# SPOTLIGHT Michele Clanci Local 338 Member & Skilled Wood Worker



Michele Cianci is a five-year Local 338 member who works as a deli clerk at DeCicco's in Harrison, NY. While he was attending high school in Italy, one of the classes he was required to take was the skill of woodworking. As soon as he began working on projects, he knew he loved the ability to create these works of art with such fine detail. He's now been crafting wood for more than 35 years, creating clocks, candle holders, lamps, cabinets, jewelry

boxes, and much more. The pictures below show some of Michele's works of art which he has created over the years, and they are absolutely stunning!











Edward Clampitt has been a member of Local 338 for almost 40 years working as a Department Manager at Stop & Shop in East Northport. In addition to his full-time work, he is also a published author of three children's books, each with the message of the importance of fostering good character development. Since publishing his last feature in 338 News, he has visited dozens of schools across Long Island to teach students the importance of respect and friendliness.

Ed has also been inducted into the United States Specialty Sports Association's New York State Hall of Fame for his school



workshops, Respect: You Give It-You Get It Program. His *Team Dawg* Book Series has been recognized for tending to the needs of our youth by the United States Congress.

For more information about the great work that Ed does for his community and testimonies of how his workshops have impacted children's lives, visit http://teamdawg.com/index.php

## 338 News is YOUR News Source

Do you have a unique hobby, a special talent or a great accomplishment that you would like to share? Maybe you love to woodwork and have a back porch to prove it. Perhaps your coworker recently won an award but is too humble to brag about it.

Our unique abilities are what make us different but our togetherness as a union is what makes us strong. Contact Jillian Salerno at 516-294-1338 Ext. 1313 or email her at JSalerno@local338.org to be considered as a feature in the next issue of 338 News.





A Registered 501 - (c) (3) Organization

### Congratulations to This Year's Recipients!

June 27, 2017 marked a proud day for Local 338 members and their families who were honored at our annual Scholarship Luncheon. 21 young men and women, who are either Local 338 members or the children of Local 338 members, were recognized for their academic and extracurricular achievements. This year's scholarship recipients come from a variety of backgrounds and are aiming to enter many different fields, including in business, biology, engineering, and medicine.

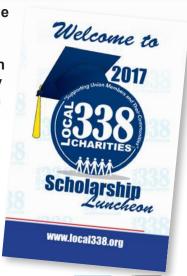


Pictured from Left to Right Front Row: Ashley Seepaul, Crystal Bernard, Jolie Sangiorgio, Kelly Conigliaro, Brittany DiGrigoli, Kristina Shaw, Lisa Spinosa

Back Row Left to Right: Joseph Fontano, Anais Urena, Carol Diaz, Kennith Lund, Alex Bisogno, Robert Dickey, Local 338 President John R Durso, Freddy Murgida, Mohammed Al muhaymin, Sean Montiel, Paul Golombek, Jillian Salerno, Nikki Kateman, Charlie Hamilton

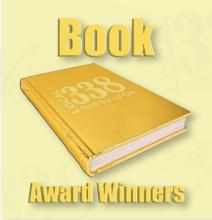
Camera Shy: Maciej Zielonka, Christina Bogue, Ryan Obes, Susan Abramovich, Kristi Cahill, Delia Morales, Gabriella Stramera

To view pictures from the Scholarship Luncheon, please Click Here To learn more about the 2017 Scholarship Winners Click Here









Congratulations to this year's winners of the Book Award Scholarship, who have received \$500 towards the cost of their first semester's required readings:

- Susan Abramovich
- Mohammed Al muhaymin
- Crystal Bernard
- Kristi Cahill
- Brittany DiGrigoli

- Delia Morales
- Ashley Seepaul
- Kristina Shaw
- Lisa Spinosa
- Gabriella Stramera

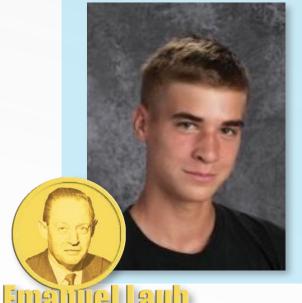


Avard Winners

Congratulations to all of the Local 338 Scholarship winners who have received \$1,500 towards their first year of college:

- Alex Bisogno
- Christina Bogue
- Kelly Conigliaro
- Robert Dickey
- Paul Golombek

- Kenneth Lund
- Sean Montiel
- Freddy Murgida
- Ryan Obes
- Jolie Sangiorgio



## **Emanuel Laub**Scholarship Award

A special congratulation to Maciej Zielonka for winning the Emanuel Laub Scholarship Award, which is named in memory of the Local 338's late President. Maciej will receive a total of \$6,000 (\$1,500 each year for the next four years) towards his tuition at Yale University.

We know this year's winners are bound for great things, and wish each of you success in your future endeavors. Congratulations to this year's winners! You make Local 338 and your families proud!







## Where Are They Now?

### **Brandon Yalin: Former Emanuel** Laub Scholarship Winner and **Future Scientist!**



In 2014, Brandon graduated from Longwood High School and began his journey at Stony Brook University in pursuit of a Bachelor's of Science. Today, he is on track to graduate in December, a semester early, with a double major in Physics and Mathematics!

Since winning the Emanuel Laub Scholarship three years ago, Brandon was also awarded with a grant from LSAM, a NYS initiative that works with NASA to give students funding to research subjects that apply to Space. Over the past few years, has taken about 17 credits each semester, maintained his position as a pharmacy technician at CVS Pharmacy, and interned through the Science Undergraduate Laboratory Internships (SULI).

Currently, he is a research assistant for applied physics and solar cell research at the Center for Functional Nanomaterials in Brookhaven. Brandon and his team are working on a scientific study in which they are collecting and analyzing data for efficient solar energy conservation. Once their research is complete, they hope on publishing their findings in a scientific journal. Looking forward, Brandon's next goal is to fully complete his research project to become a published researcher and earn his Master's Degree. Keep up the fantastic work, Brandon!

## Are You Registered to Vote?

As working people it is important that we stand up for the issues that affect us! The easiest way for us all to be involved politically is by voting, and YOUR vote will guarantee that you have the option to make your voice heard each election day!

Sign up is fast and free! It's so easy that you can even type in your information--then print it, sign it, and send it in. Click here to fill out the New York State Voter Registration Form Today!

### Already Registered? Well, Voting is Not the Only Way to be Engaged!

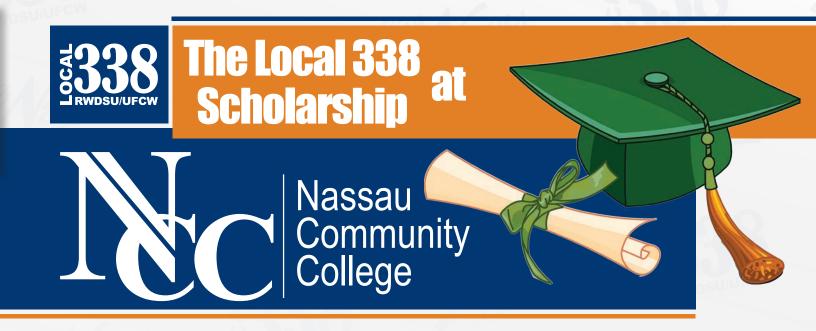
The Local 338 Political Action Committee (PAC) ensures working families have a voice in the decision making process. You can help by contributing as little as 10 cents per week to the PAC, or up to only \$1.90 per week— That's less than a cup of coffee—But it will ensure that your voice is heard.

Click here to print the PAC form and mail it back to Local 338's Office!









Here at Local 338, we know that furthering your education and obtaining a college degree is essential to your success. The costs of education can be very stressful, and the financial burden, overwhelming, which is why we strive to help our members in any way that we can!

Local 338 has recently set up a scholarship opportunity for our members and their dependents attending Nassau Community College. The award is \$1,500 for two consecutive semesters (a total of \$3,000) as long as the recipient maintains the criteria. Each year, one award will be granted to an eligible member or dependent. We strongly encourage you to apply for this scholarship if you are currently attending NCC or will be attending NCC in the 2017 Fall Semester.

Please visit us at local338.org/scholarships.cfm or log-in to your Member Portal at www.MyLocal338.org and under "My Benefits" to access the scholarship application and eligibility information!

The deadline to apply is July 28, 2017, so please apply promptly!

\*This scholarship is granted by the Nassau Community College Foundation



A Message from

## Joseph Fontano Secretary-Treasurer

## The Time is Now to Preserve Our Future

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As a member of a union, we all understand that union contracts provide for wage increases, paid time off, seniority rights, health and safety standards, the grievance and arbitration procedure, medical benefits and retirement security. These are benefits that many union members enjoy but also should not be taken for granted. We are seeing a coordinated attack on workers happen in this country with the main goal of weakening labor unions and the benefits that we protect.

Over the past few decades we have seen medical and retirement benefits go from a staple of fulltime work to something that is costing more and more Americans a significant portion of their paychecks. The fact is that corporate America has strategically and effectively fought at the state and federal level to limit the power of labor unions and in doing so increased their profits by denying their employees these precious benefits. It started 30 years ago when employers began changing their benefits packages - moving from secure pension plans (that guaranteed retirees income for the remainder of their lives) to a less secure 401(k) match, where the employer would "match" the contribution made by the employee, allowing workers to "save" their own money for retirement. This reduction in worker retirement benefits has been a windfall for employers and 30 years later we are now seeing the same tactic being used to attack healthcare benefits.

More and more companies and businesses around the country are also forcing their workers to pay into their healthcare coverage at rates that are just unaffordable. In fact, in a recent conversation with a full-time worker at non-union Best Market in Long Island, we learned that workers there are paying as much as \$270 per week for family medical coverage. At a time when CEO's and companies are making record profits, most non-union workers are forced to decide between paying the rent, providing healthcare to their families, or saving for retirement.

History has proven that what happens to nonunion workers also impacts our union contracts. This is something we see every time we enter negotiations as company after company fights to reduce our medical benefits or increase the cost to members for medical coverage, while also seeking to reduce or eliminate retirement benefits. Employers want these givebacks not because they can't afford to pay for the benefits, but because they can make more money by not paying for them.

The attack on worker benefits is real and we are not immune from it. Nationally, the momentum is on the side of the employers and now more then ever we must be united as Union members. United we will stand and divided we will most certainly lose.







## Best Wishes

## to an Important Member of the Local 338 Family!

Over the last 18 years, many of you and your fellow Local 338 members have gotten to know Monica Cavounis. During this time she served as Administrative Assistant to the President. Yet, for all those who know Monica and all that she did, also know that her title doesn't do her justice. In so many ways she was the engine that kept the 338 Team moving. That is why with mixed emotions we announce that as of the end of May, Monica has retired.

Monica first began her 22-year career at Local 338 in the Accounting Department before being asked to take on her most recent title in 1999 by John Durso when he was elected President. Since then, through both good times and bad, they have worked closely together on many of Local 338's core programs. Dealing with President Durso can at times be a challenge (just ask Carol Diaz – the newest member of our team – who serves as Administrative Assistant), but Monica kept both President Durso and his team on schedule, as well as moving our great Union forward.

However, Monica hasn't been just a trusted confidante to President Durso, she has also been a support system for both Local 338's staff and members alike. She has dedicated so much of her time to the causes and issues important to Local 338, including helping to raise thousands of dollars for breast cancer awareness organizations.

For over two decades Monica has been an integral part of our Union family and she will be sorely missed. For all of this and more we thank you Monica and hope that you enjoy your well-deserved retirement!





## Harold Mittel: A Hero to Us

Harold Mittel, Local 338's Controller, has been a hero to many families and their children who are fighting for their lives. For the past 8 years, Harold has been donating blood platelets to the Memorial Sloan Kettering Cancer Center to help children who are suffering with various forms of cancer and are in need of platelet transfusions.

Harold first started donating when he saw an advertisement from an organization which caters to sick children requesting platelets for young babies, toddlers, and children in need. After donating once before, he decided to reach out again, and in that same year, he donated platelets more than six times. At a reception that is held annually for multiple donors, he learned that some people donated 15, 20, and even 24 times



per year. With this new information, he thought to himself, "If they can do it, so can I."

For the past three years, Harold has donated 24 times per year (the maximum donors are able to contribute). He even has the scar tissue to prove it. While he may have scars from the frequent donations, he feels, "it's a minor inconvenience" compared to what he is able to accomplish. From December of 2014 through November of 2015, he donated all 24 times to help the same little girl struggling with cancer. When he checked up on her six months ago, he received an update that she is still in remission!

Harold notes that it is a wonderful, rewarding thing to do, just by giving up a little bit of time, and strongly encourages everyone to donate. For more information on how you can help too, there are various organizations you can reach out to.

Click The Icons To Learn More:













### Your Local 338 Member Portal Is Here!

- See Exclusive Member Discounts
- Know your Rights: Download your Contract
- Quickly Send Emails Directly to Local 338 Staff
- View Benefits you May Have and are NOT Using
- Learn about the Member Assistance Program
- Stay up to Date with Union News & Events

If you SIGN UP NOW, you will also receive a

FREE

Local 338 Hat, Mug, <u>or</u> Shirt!



Click Here to Register on Your Local 338 Member Portal

Sign up at MyLocal338.org
TODAY!



As of June 1st, all information about your benefits and membership including dental or optical vouchers, retirement, prescription plans, and other benefits such as the Child Care Reimbursement Benefit, Scholarships, and Exclusive Discounts will no longer be available on the Local 338 website. You will only be able to access this information on your "My Local 338" Member Portal.









## Congratulations to the Newly Elected Local 338 Executive Board

The 2017 Election of officers has recently concluded, and we are honored to say that we have the opportunity and responsibility to represent you. Every day, we are committed to serving Local 338 members' interests for the hard work and dedication to this union that you have contributed for many years. As newly-elected and re-elected members of Local 338's Executive Board, we will continue to focus on improving the standard for our members and providing essential benefits that make a positive impact on both you and your family's lives.

Thank you for choosing us to represent you! We will continue to be here for you and to be dedicated to Local 338's mission: bettering the lives of our members and all working people.



Back Row (Left to Right): Michael Pasquaretta, Neil E. Gonzalvo, Joseph Quercia, John R. Durso, Debra Bollbach, Joseph Fontano, Wally Waugh, Jerry DeCola, Fred Wren, Bobby Sweat

Front Row (Left to Right): Joan Holstine, Doris King, Rosa Lafontaine, Mike Colaizzo, Norma Freedman, Lisa Lund, Melissa Gilkes



## OPDATE YOUR INFORMATION

Don't miss out on all of the member discounts, benefits, negotiations, news and other events that are important to you as a Local 338 member or retiree!

local338.org/contact-form.cfm











### Stuart Appelbaum RWDSU President

### Beyond the Distractions, Workers Have Reasons for Concern



Stuart Cappellaum

It's been a headline-grabbing presidency so far for Donald Trump. The tweets, the arguments, and the constant barrage of bombshell revelations have made Trump's young presidency far different than any we've ever seen.

But beyond these distractions, the president has been doing real damage that is no laughing matter. Trump Administration's actions and proposals have raised many concerns for working people.

This was no more apparent than in late June when the Senate Republicans unveiled their latest health care proposal. This newest version of Trumpcare aids the wealthy in the form of tax cuts while making federal cuts that would leave millions of people uninsured. The plan includes major cuts to Medicaid, hurting mainly the elderly, children and people with disabilities, who make up the majority of those who utilize the program.

Handouts to the rich at the expense of everyone else is turning into a reoccurring theme during the Trump era. The Trump budget - designed to pay for his massive tax cuts for the rich - contains numerous cuts to services that benefit working people and our families. The budget cuts funding to help elderly people pay monthly heating bills in the winter by cutting the Low-Income Home Energy Assistance Program (LIHEAP), and eliminates roughly \$3 billion of funding for cities for the building of parks, Meals-On-Wheels providing for seniors facing hunger, and assisting local nonprofits that provide essential services to communities. Even before and after school programs also face the ax for the benefit of the rich.

The Trump Administration is also ramping up direct attacks on working people and unions. Trump has voiced his support for a proposed national Right to Work law that would hurt the power of unions to represent workers and negotiate better

contracts. And, Trump's pick for Labor Secretary and nominees for the National Labor Relations Board have so far been aligned with big-business, raising concerns that numerous pro-worker rules may soon reversed. **Decisions** made during the Obama Administration that made it easier for workers to unionize and protected workers' rights are in jeopardy.

President Trump has an personality outsized and public opinion is polarized on his presidency so far. But as working people fighting to create better lives for ourselves and our families, it's important that we not lose sight of the things that are truly important to us. We need to call attention to attacks on the advances we've made over the years, and we need to do everything we can to ensure that workers' rights and concerns aren't hurt by a presidential administration that, so far, has shown it is not a friend of working people.







For the past 25 years, the National Association of Letter Carriers (NALC) "Stamp Out Hunger" food drive has collected non-perishables for food pantries across America. On Saturday, May 13th, Local 338 members and staff participated in the annual food drive and volunteered at Island Harvest to help unload and sort the donated items. This year's food drive collected 306,401

pounds of food in just our area alone! Local food pantries will use the donated food to help families in need.

Once again, we partnered with the Long Island Federation of Labor to create special food drive bags that were distributed by letter carriers during their normal mail delivery route. After the success of the bags last year, Local 338 staff also handed these bags out at Shop Rites across Long Island in order to encourage people to donate!

If you're looking for an easy way to give back to your community, food drives are a perfect way to get involved! Thank you to all of our members who put out bags of food by their mailboxes and made this year's food drive a huge success!







# Have Children in Child Care? We May Be Able to Help!

At Local 338, we pride ourselves in making sure that our members and their families are supported in all of the ways that we can. We also know that child care is an issue for many of our members and taking care of our dependents can be difficult to manage financially at times.

Members of Local 338 who are covered under a Local 338 Benefits Plan are eligible for a partial reimbursement towards the cost of child care. If you have dependent children under the age of 12 who are currently in day-care, after-school or pre-school programs, then you may be eligible for the Child Care Reimbursement Benefit.\*



\*Please be aware that the Child Care Reimbursement Benefit will only cover a percentage of the cost of childcare, not the full amount.



## Have Children? Live in New York City?

You may be eligible for FREE subsidies to significantly lower your childcare costs!

For more information and start the eligibility screening process, visit: local338.org/childcare





## 2017 Pride Parade

On Sunday, June 11th, hundreds of people joined together to celebrate pride throughout the LGBTQ community and support equal rights for all people, regardless of sexual orientation or gender identity. Members, friends and families joined Local 338, UFCW OUTreach, UFCW Local 1500, Local 342 UFCW, Local 1102 RWDSU/UFCW, and dozens of other labor and community allies as we marched in the Long Beach "Rise with Pride" Parade.

This event took place a day before the one year anniversary of the Orlando Pulse Nightclub mass-shooting which took the lives of 49 innocent victims. This display of unity across cities throughout the nation is a strong reminder that fear and discrimination will not overcome members of the LGBTQ community or any other group of people who are treated unfairly. Still today, many people live in fear, and your support can make a difference in the lives of those who struggle to feel accepted every day. Regardless of our differences, it is important for us to stand together to protect and defend the rights that we all deserve.













## Neil E. Gonzalvo Executive Vice President

## Quality Over Quantity



Neil E. Boy hor

As an amalgamated union representing more than 16,000 members, ensuring our field staff visited as many shops as possible in one day was always important. However, over time, we've come to notice that visiting more shops in one day actually means spending less time in each of them—which means less time with each of you! Now, one of our newest goals is to ensure that we are making quality visits to your workplace, reaching members on all work shifts and departments.

We will continue to inspect health and safety standards in your workplace as well as enforce your union contract and represent you during meetings, grievances, or arbitrations with your employer. However, Local 338 can provide you with more than representation. There are various benefits that you may be eligible for, but haven't heard about, and by sparking up a conversation with your Representative, you may find that there is one for you!

Open communication between you and Local 338 is essential! We want to know more about you and your coworkers on a more personalized level so we can learn about what matters most to you! We want to know about which guaranteed benefits in your union contract have made you feel most secure; what important events that are happening in your life that we can assist you with or may have benefits for; additional benefits for us to consider that would help you outside of your workplace; and even hobbies that you are interested in to share your story amongst your fellow 338 brothers and sisters.

When your Representatives are in your workplace, fielding questions in the break room or speaking with your coworkers throughout the store, we strongly encourage you to reach out to them—even just to say hello. We want you to get the most out of being a Local 338 members, and we need your feedback to make that possible.



Since January 2017, Local 338, through grievances and arbitrations, collected funds and returned back wages to our members in excess of \$39,242.03!



## **Get to Know Your New Union Reps**



### Saul Guerrero

Saul has been a Union Representative/Organizer for over ten years. He has worked for several Local Unions, as well as the RWDSU. When he isn't in the field enforcing contracts, he leads an active lifestyle through the practice of martial arts and the gym.

Saul is super excited to join the field staff at Local 338. He stated, "I believe labor is the last line of defense between corporate greed and the working class!"

## Virgina Pagan

Virginia has worked with Local 338 for two years. She started in the office assisting our members at the front desk as a receptionist, and then she workers in the administrative services department where she helped enroll 338 members in the medical fund. She is now our newest Service/Fund Representative in the New York City Area!



Virginia said, "I am proud to be part of such a great organization with a mission to better the lives of our members and all working people. I'm also excited to be in the field because I am able to meet and get to know our members personally while assisting and informing them with any questions they may have."



**Bronx | Upstate** 

Manhattan

Long Island | Queens

### Tuesday, August 29th

Local 338 Westchester Office 120 Saw Mill River Road Hastings-On-Hudson 6:30pm

### Tuesday, August 29th

RWDSU Office 370 Seventh Avenue, Suite 501 (7 Penn Plaza - Between 30th and 31st Streets) Manhattan 6:30pm

#### Wednesday, August 30th

Local 338 Office 1505 Kellum Place Mineola, New York 11501 6:30pm









## A Message from Jack Caffey Jr. Thank You for the Past 16 Years!

Over the last 16 years at Local 338, I have had the honor, privilege and awesome responsibility of representing you, the members of one of the most respected and well-known union in the tri-state area. I never took this responsibility lightly. I worked as hard as I could and gave all that I had to always service the members of this great union for the hard-working men and women who do not



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deserve anything less. I have worked alongside some of the finest colleagues in the labor movement, both past and present, who also give all that they have to make sure your interests as members are well represented. I would be remiss if I didn't mention President John Durso who gave me this opportunity many years ago.

With all of this being said, I was offered an opportunity to work on a national level for the RWDSU as the National Director of Field Operations. With mixed emotions, and it being a very difficult decision, I have decided to accept the position. In this new position, I felt that I could continue to help Local 338, as well as other locals in the RWDSU, on a different level. Leaving the Local 338 family completely was never an option in my mind, but Local 338, its staff and its members will forever be in my heart. I felt that this was a fantastic opportunity, and I'm honored to accept the challenges that come along with it.

Although I won't be working directly with Local 338 anymore, I hope to remain a part of the 338 family and to see some of you soon. Thank you again for the honor and privilege to represent you over the last 16 years of my life! I hope I was able to have a positive impact on your lives as you have had on mine.



Follow us for the latest Local 338 news, upcoming meetings, and other events. We also encourage you to post questions and share photos you take at union events. Not On Social Media? Visit our website and sign up for e-mail blasts to stay updated on important union information.





## MY BENEFITS

Charles Hamilton

Funds Administrator

## Need Medical Advice? Make Sure it's a BEST DOCTOR!





Best Doctors is a free service for members and their dependents enrolled in Local 338's Health and Welfare Fund. If you've been to a doctor recently and are feeling uncertainty about your diagnosis or treatment options, it is always a good idea to get a second opinion—especially if surgery or other invasive treatment is suggested. With the Best Doctors service, you can speak with the world's leading physicians in more than 450 specialties, absolutely FREE, with no copays or out of pocket costs to you. Most Local 338 members or their dependents have found that Best Doctors was incredibly helpful for them in various ways.

## Best Doctors®

Best Doctors can help you if you:

- Are questioning the need for surgery
- · Need help with treatment options
- Don't understand your diagnosis
- Are skeptical of your doctor's advice
- Did not receive a diagnosis
- Or if your symptoms are not improving

When you're facing a medical decision, no matter how big or small, you should always feel confident in your next step! Don't wait, call! To speak with one of the world's best doctors, call (866) 904-0910 and identify yourself as a Local 338 member,

or visit members.bestdoctors.com









### WE'RE HERE TO HELP!

## with Jennifer Lipack



## Raising Your Awareness



Depression affects one out of 10 people, which is evidence that it is a very common issue and does not discriminate. If you are struggling with depression, it is likely that it is interfering with your daily life, and is causing pain, both for you and those who care about you.

Depression is an illness, just like pneumonia or diabetes is an illness, and seeking help is a sign of strength! The first step to receiving treatment is to visit a medical professional who will help you determine the level of care that you need.

The majority of people get better with treatment which may include counseling, medications, and other methods. Just as any other illness, getting evaluated by a doctor or mental health specialist is always recommended to help guide you on the path of achieving a better quality of life.

According to WebMD, some symptoms of depression include:

- 1. Difficulty concentrating, remembering details, and making decisions
- 2. Fatigue and decreased energy
- 3. Feelings of guilt, worthlessness, helplessness, hopelessness, and/or pessimism
- 4. Insomnia, early-morning wakefulness, or excessive sleeping
- 5. Irritability, restlessness
- 6. Loss of interest in activities or hobbies once pleasurable
- 7. Overeating or appetite loss
- 8. Persistent aches or pains, headaches, cramps, or digestive problems that do not ease even with treatment
- 9. Persistent sad, anxious, or "empty" feelings
- 10. Thoughts of suicide, suicide attempts (contact a professional for help immediately or go to the nearest emergency room)

If you are experiencing any of these symptoms, or know someone who is, and would like more information about depression, or would like to be linked to a licensed professional who can evaluate and provide care, please contact the MAP Director, Jennifer Lipack, at 516-294-1338 at Ext. 1304.





## LIKE SAVING MONEY? **EXCLUSIVE**

Member Discounts

As a Local 338 Member, You and Your Family are Eligible for a Variety of DISCOUNTS!

We are pleased to present the Local 338 Member Discount Program! You and your family can receive special discounts on:

- Movie tickets
- Your AT&T phone bill
- Tires for your car
- Theme parks and attractions, including Great Wolf Lodge, Hershey Park and Six Flags Great Adventure
- The Bronx Zoo and New York Aguarium
- And much more!

We encourage you to take advantage of these discounts in order to get the most of your Local 338 membership! To view the discounts that you're eligible for, visit:

Check our website regularly as we continue to add more discounts!

www.local338.org/member discounts.cfm

### **New Featured Discounts**









While we believe the aforementioned offers are significant discounts, we encourage our members to compare prices before purchasing the goods or services to ensure that you receive the best possible deal. Local 338 is not affiliated with the companies listed above and discounts are provided and managed by the company at their discretion. Please also be aware that there may specific exemptions on where and when the discounts can be redeemed.









## Wishing Our Members a Happy Retirement!

(Local 338's recent retirees between April 1 - June 30, 2017)

	A DA A A A A A A A A A A A A A A A A A	
YVONNE ADOLPH	HERMINIA DIAZ	TERESA NEANDER
BERNARDA ALEJANDRO	ANTHONY DIMARTINO	MARGARET NESBIT
CEREZO,ZOILA ALVARADO	JAMES DUGAN	DONALD NESBIT
PIEDAD ALVAREZ	TERRY EDWARDS	JOSEPH OCHS
ZAHRA AMINLAR	MARIE FREEMAN	RAFAEL ORTIZ
ANTHONY ANGELUCCI	ROBERT GRANDE	DORIS OXENHORN
LUIS AVENDANO	RONALD HART	ANNA PELLEGRINO
STEVE BLOOMBERG	EULALIA IBANEZ	MILTON RIVERA
FREDDIE BROOKS	EUGENE ILARDI	NORBERTO RODRIGUEZ
LORRAINE CARACAPPA	JUDITH JAMES	CARLOS SCOTT
FRANK CARDINALI	EDGAR JIMENEZ	SHERYL SHAPIRO
SUSAN CARLUCCI	JOYCE KNIGHT	JEAN MARIE SIKES
MONICA CAVOUNIS	ROBERT KNUTSEN	ROBERT SONTAG
MICHAEL CELLA	SUSAN MAJARIAN	LEVI STEWART
CAROL CIFUENTES	VICTORIA MALAHY	MARJORIE STRAWBRIDGE
LISA COMMODORE	JOSEPH MANGIONE	VIVIAN TUDISCO
RICHARD CORLEY	DONALD MARSHALL	KEITH UNBEHAGEN
DAWNE CURRAN	YUILLE MC CLATCHIE	JANE VARVARO
CHETRA DALANAH	HERIBERTO MEJIA	SARASWATHY VENUGOPALAN
MARGARET DE KAMS	SARA MELENDEZ	DEBORAH WINKFIELD
CHRISTOS DEMETROPOULOUS	PEDRO MORALES	

"Retired from my job, not from my union"









### WE ARE STRONGER TOGETHER

### **Stay Connected**

We're only a click away!









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Our Mission: To Better The Lives Of Our Members And All Working People.