



338 News

Fall 2018

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New York is a Union State

LOCAL 338
RWDSU/UFCW

Bettering the lives of our members and all working people.

A Message from the President

John R. Durso



Voting is Our Responsibility

Every year, we find ourselves saying “This is the most important election of our lifetime!” While this statement may seem cliché at this point, it’s incredibly difficult to not turn on the news, log in to Facebook, or even overhear a conversation on public transportation without facing a reminder that elections have very real consequences.

Over the last several months, we have seen more and more policies that hurt everyday Americans. Recently, those in power have promoted awful rhetoric that attacks women, including survivors of sexual assault, changes to policies that support LGBTQ families, and the lifting of basic environmental regulations that limit what chemicals you can be exposed to. There are even proposed changes that would make it harder for those who have immigrated to our country to become citizens, something so many of our own relatives and grandparents were able to do. As union members, we are also haunted by the threat of so-called “Right to Work” legislation and further changes at the National Labor Relations Board which diminish the rights of workers to fight back against exploitation at work.

However, we can’t despair. In fact, we should take what’s happening as motivation to become more engaged in the issues that affect us daily. We must examine the candidates running and ask ourselves, “What can they do for me? For my community?” As you go through this edition of 338 News, I suggest that you take a look at the list of our endorsed candidates (which is outlined on page 2). These women and men are running for State and Congressional seats and have proven time and time again their support of policies such as paid family leave, increasing the minimum wage and other important legislation that continues to improve the lives of us all. We also need strong Statewide leaders like Governor Andrew Cuomo and Tish James (running for Attorney General) who are longtime advocates for the labor movement and are willing to take a stand against national policies that hurt hard working New Yorkers.

At Local 338, we take pride in encouraging our members to become more involved and in turn passing on that message to their coworkers, friends, and family. You likely have seen your Union and Funds/Service Representatives handing out voter registration forms in the last few weeks leading up to the registration deadline and encouraging members to get out to the polls on Election Day. Voting of course, is the easiest way to be involved. However, beyond voting, I’d encourage you to reach out to our Political Department at 516-294-1338 ext. 1274 to see how you can be a part of our efforts. Throughout the year, we regularly attend political events including meetings with elected officials at all levels of government and participate in a variety of events aimed at getting out the vote.

It is our individual and collective responsibility to make sure that we’re informed and showing up, as well as supporting the candidates and elected officials who prioritize our needs not just as union members, but also as invested members of our communities, workplaces, schools and religious organizations. Each Election Day presents an important opportunity to send a message to those in power that we care about our children’s futures and the well-being of our neighbors. Remember, just by visiting our local polling place on Tuesday, November 6th we can all truly make a difference and change the course of the current political climate - not only on a local and state level, but also nationally.

Support Candidates Who Support Working People!

This year there are several important and highly competitive races in local elections. It is important that we support candidates seeking State and Federal office who support working families. Below is a list of Local 338 RWDSU/UFCW's endorsed candidates in a number of the key races in the General Election on Tuesday, November 6th.

Statewide Candidates



Andrew Cuomo
for Governor

Kathy Hochul
for Lieutenant Governor

Letitia "Tish" James
for Attorney General

Thomas DiNapoli
for Comptroller

New York State Senate

Monica Martinez – District 3
James Gaughran – District 5
Kevin Thomas – District 6
Anna Kaplan – District 7
John Brooks – District 8
Todd Kaminsky – District 9
Joseph Addabbo – District 15
Andrew Gounardes – District 22
Andrea Stewart-Cousins – District 35
Jamaal Bailey – District 36
Shelley Mayer – District 37

New York State Assembly

Christine Pellegrino – District 9
Taylor Raynor – District 18
Juan Vides – District 20

United States House of Representatives

Perry Gershon – Congressional District 1
Liuba Grechen Shirley – Congressional District 2
Tom Suozzi – Congressional District 3

Don't Forget to Vote November 6th

For a full list of this year's endorsements, visit your "My Local 338" account at mylocal338.org

How you vote is your personal decision. Local 338 RWDSU/UFCW believes that these candidates are the best choice for New York's working families. This message is intended for the members of Local 338 as a union member communication and is not intended for public distribution.



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Have Questions Regarding Immigration?

For many families, the recent threats of travel bans and the elimination of fundamental protections for immigrants such as the Deferred Action for Childhood Arrivals (DACA) and Temporary Protected Status (TPS) have caused heartbreak and fear.

If you need assistance with an immigration-related matter, please contact Local 338 as there are benefits available to assist you and your family. Local 338 members enrolled in the Benefits Fund are eligible for 30 hours of legal services which cover many immigration-related matters.

If an immigration matter is not covered by this benefit, or if you are not enrolled in the Local 338 Benefits Fund, the following organizations may also be helpful to you:

NYLAG Immigrant Protection Unit
7 Hanover Square, 18th Floor
New York, NY 10004
212-613-5000

Legal Services NYC
349 East 149th Street
10th Floor
Bronx, NY 10451
917-661-4500

Immigrant Defense Project
40 West 39th Street, 5th Floor
New York, NY 10018
212-725-6422

Our partners at the New York City Central Labor Council also offer free immigration consultations on the following dates and times:

First, Third & Fifth Wednesday of Every Month

5:00 – 8:00 PM

New York City Central Labor Council

275 7th Avenue, 18th Floor, Manhattan (Between 25th and 26th Streets)

212-771-1023

Second & Fourth Wednesday of Every Month

5:00 – 8:00 PM

The CUNY Murphy Institute

25 West 43rd Street, 18th Floor, Manhattan (Between 5th and 6th Avenues)

212-642-2029

For additional questions, please leave a message on the Local 338 Immigration Hotline at (516) 294-1338 Ext. 1317, and we will get back to you as soon as possible!

Please see your Summary Plan Description or contact the Local 338 Benefits Fund at (516) 294-1338 ext. 1776.



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A Message from



Stuart Appelbaum **RWDSU President**

Make Workers' Issues Matter Vote November 6!



Stuart Appelbaum

It's been a tumultuous time. Politically, our country has never seemed more divided.

But for working people, it's the issues that matter, not the turmoil we see in comments sections, the headlines, and cable news. And it's more important than ever that our voice is heard so we can have a positive impact on the issues that affect us.

As the 2018 Midterm elections approach, there's an opportunity to harness our power. Congress is more polarized than ever resulting in 72 percent of Americans disapproving of their work. Shifting the balance of power in Congress back toward working people is incredibly important. And, it's within our reach.

every two-years in Washington, D.C. and it's every day in our local, city and state legislative houses. RWDSU members recognize that when you take the time to invest in educating elected officials, candidates for office and the general public on the issues that impact them personally, change is possible.



That's why it's so important that we all vote on November 6. We need to ensure that our voices are heard, and that candidates who will fight for us on the issues that matter are elected to represent us. It's important that you talk with family members, co-

workers, and friends about the elections. Let them know you are going to vote, and encourage them to do the same.

The fact of the matter is that politicians come and go, and the political pendulum continually swings from one side to the other. What doesn't change for working people is the importance of sticking together and fighting for higher wages, better benefits, and fair scheduling.

While the midterms might not have the excitement and buzz as the presidential elections, the fact is that the ongoing battle for workers' rights isn't won or lost every four-years, it's also

So educate yourselves on the candidates, and where they stand on issues like union rights, fair pay, scheduling, child care, health care, and health and safety laws that protect workers on the job. Your vote is your voice, just like your union is your voice.



**Make sure you are
heard on November 6!**



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A Message from

Joseph Fontano *Secretary-Treasurer*

The Politics of Organizing

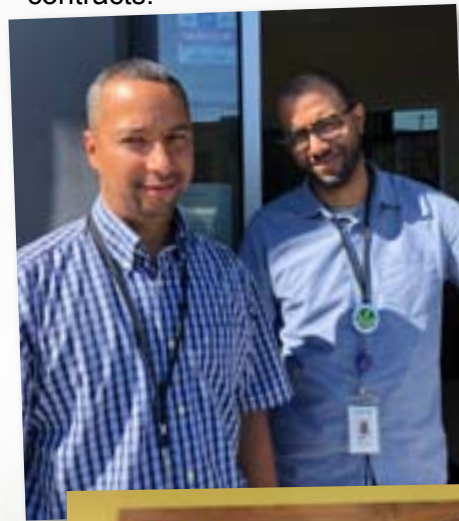
Four years ago, we proudly stood next to Governor Andrew Cuomo as he signed the Compassionate Care Act into law, which legalized medical cannabis in New York State granting access to new treatment options for those suffering from chronic, terminal and serious illnesses. As many of you may recall, this was an issue that Local 338 worked very closely on with patients and advocates, but most importantly, with our elected officials in the State Government to ensure its passage for almost two years.

In the time since the law has taken effect we have been actively organizing workers in the medical cannabis industry and have ratified strong collective bargaining agreements on behalf of the workers at Vireo Health NY and PharmaCann. We are also currently negotiating the first union contract for the workers at Med Men. However, much of our work in ensuring that the jobs in this industry are not only unionized, but also provide fair wages and benefits and other workplace protections are due entirely to our legislative work in advocating for the Compassionate Care Act. Through our political strength, we won the inclusion of Labor Peace language, which guarantees that all of the companies growing and retailing medical cannabis in New York State respect the rights of their workers to join a union or else risk losing their license to operate.

Over the last several months, Governor Cuomo has been exploring expanding the medical cannabis industry and looking ahead to next year, it is very possible that New York could fully legalize cannabis. As a result, we have already begun meeting with community allies and our partners in both the State and Local Governments. Many of these elected officials are well aware of our work over the years, as well as the unique perspective that we bring as representatives of workers in the industry. They also recognize that

we expect to have a voice in this process so as to ensure that whatever legislation legalizing cannabis is passed include language to protect workers and the communities in which they live and work.

When we say that elections matter, our work in helping to develop and unionize the cannabis industry in New York State is proof positive of this. By voting, contributing to the Local 338 Political Action Fund and attending events to support our endorsed candidates, we are showing those in office that we demand to be heard in all areas of industry and policy. Your support of our political and legislative work helps open doors in protecting your rights individually and helping other workers across the State gain access to strong union contracts.



(Left)
Ed Polanco and
Johnny Tolentino
(Bottom)
Essam Ahmad,
Haley Beaumont,
Mariah Bederka,
Christie Jones and
Caylee Sender,
Members at the
PharmaCann
Dispensary in
Syracuse



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Announcing an Important New Discount

*for Local 338 Members
and Retirees*



Vireo Health of New York is the first medical cannabis dispensary in the state of New York to be unionized through Local 338 RWDSU/UFCW. All of the products at Vireo Health are grown, made, and sold by proud members of our union! At Local 338, we have a proud history of shopping union — we support the supermarkets, pharmacies, and dispensaries that value providing good union jobs with fair wages and benefits to New York workers. We actively encourage our members to shop union and support our fellow co-members!

As of Labor Day, we are pleased to announce a new discount available through Vireo Health of New York. If you live and work in New York City or Long Island and are certified as a medical marijuana patient, you can get a discount of \$25 OFF your first purchase of medical marijuana products. You will also be eligible for a 10% discount on all future purchases of additional products either through the Vireo Health website or through the company's free home delivery service. Please note that this service is available only to Local 338 members certified as medical marijuana patients by New York State.

For additional information please visit vireohealth.com/ny

Exclusive Local 338 Member Discounts

As a member of Local 338, you and your family are eligible for a variety of discounts! Check out your "My Local 338" Account to view more benefits.

You can receive special discounts on:

Movie tickets

Six Flags Great Adventure

Jiffy Lube

Tayne Law Group

AT&T

Bronx Zoo

Continuing Education

And many more!

Hershey Park

Good Year

Laser Bounce

We encourage you to take advantage of these discounts and get the most of your Local 338 membership!

To view all the discounts you're eligible for, visit: mylocal338.org



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LIVE IN New York City?

Apply for a (FREE) IDNYC!

All New York City residents, including Local 338 members, 10 and older can apply for a FREE IDNYC card regardless of immigration status. This ID card has many benefits! You can use the ID to enter all City buildings, such as schools, as well as gain access to City services and public libraries. At certain financial institutions, you can use the IDNYC to open a bank account, including the only unionized bank in our area: Amalgamated Bank. It can even be used as a form of identification to apply for jobs when submitted with proof of work authorization. ID NYC card holders also enjoy free memberships to 40 cultural institutions and museums, as well as access to discounts on prescription drugs, movie tickets, sporting events, health and fitness clubs, animal care centers, Citibike, and so much more!

To apply for a free IDNYC, you can schedule an appointment at a number of Enrollment Centers (mostly located within libraries and community organizations) across the five boroughs. Please note that applicants are only required to present proof of residency in New York City and proof of identity. IDNYC does not keep any of your original documents, all of your documents are immediately returned to you. The City will protect the confidentiality of all ID Card applicants and will not ask applicants for information about their immigration status for purposes of obtaining the card.

**For more information and to start the process of applying for IDNYC,
visit: nyc.gov/idnyc**

UPDATE YOUR INFORMATION

*Don't miss out on all of the member discounts,
benefits, negotiations, news and other events that
are important to you as a Local 338 member or retiree!*

local338.org/contact-form.cfm



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Local 338 Labor Day Parade 2018

Showing that NYC is a Union Town at the Labor Day Parade!

On Saturday, September 8th, Local 338 members came out to celebrate the New York Central Labor Council's Labor Day Parade. The theme of this year's parade was "NYC is a Union Town" and with all of the brothers and sisters that came out from all the participating unions, we definitely showed how strong we are together as a labor movement!

It was also great seeing so many of our members show support! Local 338 members enjoyed marching and even getting to ride on the Local 338 float as we made our way up Fifth Avenue in Manhattan. Although the weather brought a little rain, that did not stop us from having a good time and enjoying the music the band played! Members and their families even got an opportunity to meet Congresswoman Carolyn Maloney, who stopped by to show her support.

Thank you to all of the members who came out to celebrate with us. We look forward to seeing you at next year's parade!



MARK YOUR CALENDARS!
The next Labor Day Parade will take place on
September 7, 2019! Full details to come.

To see the highlights of the day visit:
www.local338.org/News/HomepageNews/LaborDayParade2018.cfm



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A Message from

Neil E. Gonzalvo *Executive Vice President*

Making Your Contract Work for You



Neil E. Gonzalvo

Since the last edition of the 338 News, I am pleased to announce that we have successfully concluded negotiations with Stop & Shop and ShopRite and Local 338 Members working at these companies overwhelmingly voted to ratify their new contracts. These contracts guarantee wage increases, retirement security, and maintain the strength of your health care benefits for you and your dependents. For full details of your new Stop & Shop or ShopRite contract, simply log in to your "My Local 338" account (mylocal338.org). You'll be able to read through the latest contract highlights there.

When a union contract is ratified, it provides the framework that guarantees all union members in that particular workplace, regardless of what position they have there, with security and stability. However, it is important for us to hear about the ways in which you think that your workplace could be better or things you'd like to see improved in your current contract, particularly as we approach the expiration date (which is listed on the front cover of the contract).

The only way to make sure your voice is heard is by getting involved, which is easier than you might think. One way is by simply speaking to your Union Representative the next time they visit your worksite, another is by attending an upcoming Membership Meeting (check out the information below for dates and locations). You can also utilize the message feature on your "My Local 338" account and send us your comments and suggestions directly!

Everything we do at Local 338 centers around your needs as working people and members of our union family. However, your participation, even in the simplest way, is essential in order to make sure we're fighting for the things that are most important to you, regardless of what company you work for.

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MEMBERSHIP MEETINGS



Manhattan



Long Island | Queens

Tuesday, December 4th at 5pm

Wednesday, December 5th at 5pm

RWDSU Office

370 Seventh Avenue, Suite 501, Manhattan
(7 Penn Plaza – Between 30th and 31st Streets)

Local 338 Office

1505 Kellum Place
Mineola, New York

Refreshments and food will be served at each location starting at 4:30pm

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Get to Know your Representatives



Teri Noble

I became a member of Local 338 when I started working at Waldbaums in 1988 as a front-end manager. As a member and union activist in my store, I saw firsthand the benefits that Local 338 was providing for my family. This sparked my passion to become more involved with my union. I was offered the opportunity to join staff as a Service Representative in 1999 as the first ever woman to work in the field servicing Local 338's membership. In this position I was responsible for health and safety checks. After only two years of proudly servicing our members in that position, I became a Union Representative in Nassau County, where I have been representing our members ever since.

I enjoy being a Union Representative because I have gotten to know many of our members personally. I'm there for them to respect and listen to some of the struggles that they experience, and I hope that I have helped made an impact by improving their quality of life. I also enjoy being a part of the happy events in their lives because being a representative for our members is not just representing, but also welcoming our members as a part of our 338 Union family.

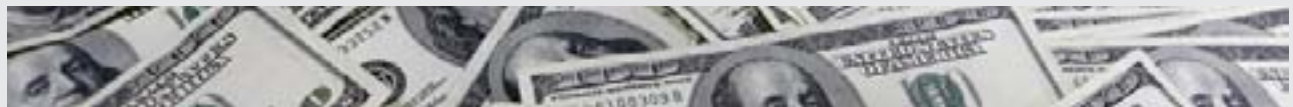
Berenice Ventura

In April 2018, I joined the Local 338 family as a Service/Funds Representative. Prior to joining Local 338, I was in the Labor Movement for eight years. Today, I service our members who work in the Bronx, Westchester, Upstate and New Jersey area.



As a Funds/Service Representative, I can follow my passion of educating my members on how to best utilize their medical benefits as well as inform them of the many other benefits that they have as a union member. Being able to help our members is what makes my job that much better.

"Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world." Harriet Tubman



IT PAYS TO BE UNION

Since January 2018, Local 338, through grievances and arbitrations, collected funds and returned back wages to our members in excess of **\$89,139.92!**



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Where Are They Now?

Bryan Licata

Software Operations Engineer

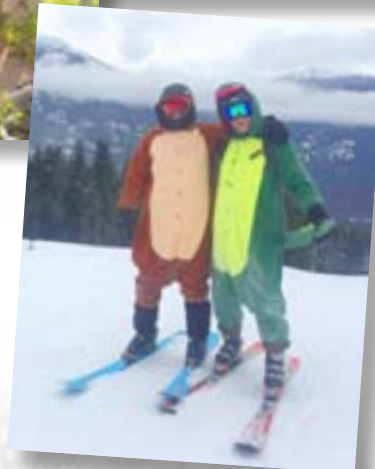
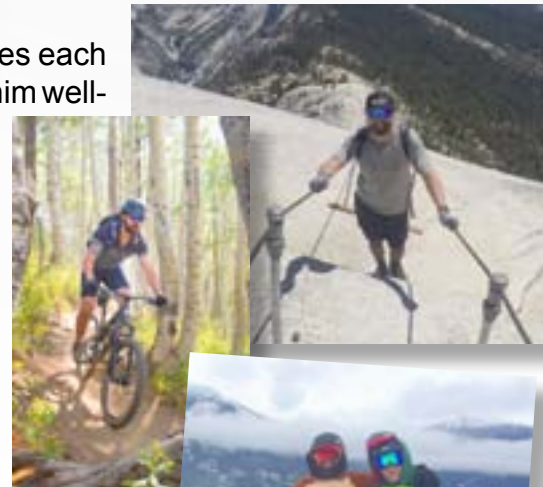
Since receiving the Local 338 Scholarship in 2009, Bryan has taken quite a journey. After graduating from Seaford High School, he went on to study mechanical engineering at Rensselaer Polytechnic Institute. During his time at RPI, he held multiple internships at Motorola Solutions, Simmons Machine Tool Co., and Apple. He found that his passion was in the manufacturing of consumer electronics, and upon completion of his internship at Apple, he was offered a full-time position after graduation!

In January of 2014, he moved from New York to the Bay Area in California to begin working at Apple. He lived in San Jose for one year before moving to San Francisco, which is where he currently lives. Working at Apple has allowed him the opportunity to travel the world, visiting suppliers and other engineering companies in Germany, China, Italy, and across the United States. It has also allowed him to explore different career paths such as project management, mechanical design and software development.

His dedication and passion for the work he does each day as well as his work-life balance has made him well-rounded and fulfilled. Currently, he works in operations engineering, writing software to support the manufacturing sector of Apple. Outside of work he enjoys mountain biking, road biking, backpacking, traveling for vacation, eating new foods, and reading. He has recently taken up skiing as well!

One of Bryan's best memories from winning the scholarship was attending the Annual Scholarship Luncheon which recognizes the winners of each year's awards for their outstanding accomplishments. In 2009, all of the recipients were given the book, *The Six Fundamentals of Success*, which Bryan has kept to this day and occasionally picks up to refresh himself on what it takes to be a truly great leader.

We are so proud of how you've found your passion and the interests that fulfill your life, Bryan. Continue doing great things and living life to the fullest, as we know you will!



Going To College?

WE CAN HELP!

Local 338's Scholarship Awards Program

The 2019 Local 338 Charities Inc. Scholarship Awards Program is now open!

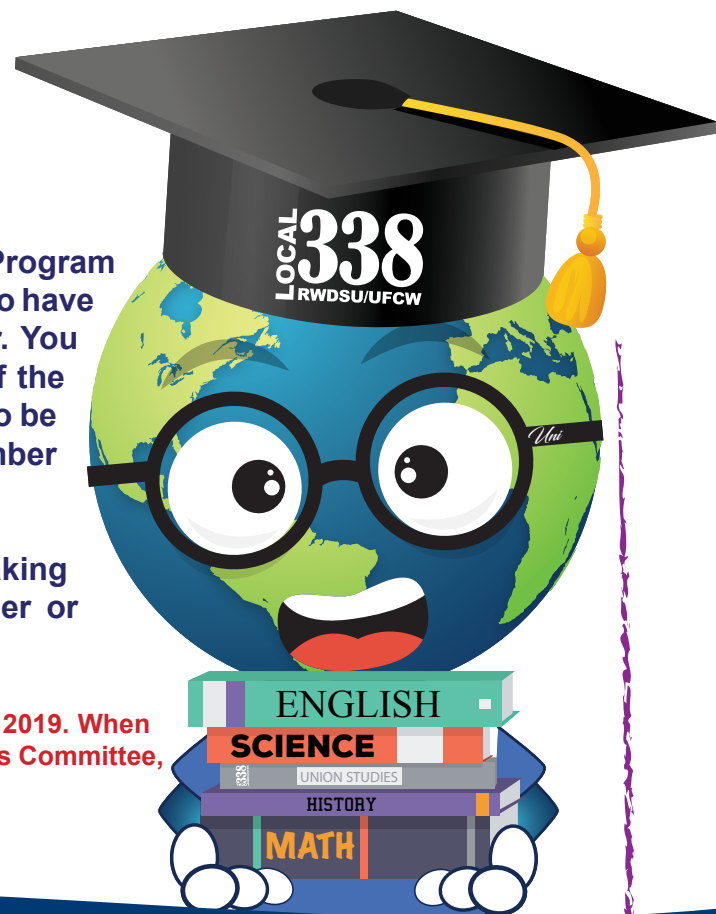
The Scholarship Awards Committee reviews all applications and awards:

- One (1) individual with the Emanuel Laub Scholarship which is \$2,000 a year for all four years in annual installments (totaling \$8,000);
- Ten (10) individuals attending college, vocational training, or other accredited institution with a one-time Scholarship Award of \$2,000
- Ten (10) individuals with a one-time Book Award Scholarship of \$500 each; and
- Two (2) individuals pursuing a continuing education program, master's degree or doctorate degree with a one-time Continuing Education Scholarship Award of \$2,000.

The 2019 Local 338 Charities Inc. Scholarship Awards Program is open to Local 338 Members and their dependents who have been a member of the Union for at least one (1) year. You or your parent/guardian must have been a member of the Union for at least one year from the date of the award to be eligible to apply for the scholarship and remain a member in good standing until the scholarship is awarded.

Please supply the following information accurately, making sure to include the member's Social Security number or member ID number (RWD#).

The deadline to submit this Short Form Application is March 29, 2019. When the Short Form Application is received by the Scholarship Awards Committee, a Long Form Application will be sent to the applicant.



WWW.LOCAL338.ORG/SCHOLARSHIPS

Local 338's mission is to better the lives of our members and all working people

**Elected officials of the union, staff employees, or their children are not eligible*



Women's Network Child Care Grant Recipient

Rocio Gallo

Rocio Gallo has been a member of Local 338 working as a cashier for 15 years. First at A&P, then to ACME Markets and next DeCicco's, she has stood with her union. This year, Rocio was one of the recipients of the UFCW Women's Network Child Care Grant. The Women's Network understands how expensive childcare can be and this grant is offered to help hardworking union parents offset the costs of childcare.

As a single mother raising her daughter Graydis, it has not always been easy. Graydis was only six weeks old when Rocio was forced to choose between caring for her new baby or losing her only means of income for her family. As a result, Rocio recognizes the importance of having quality childcare because regardless of the cost, she will have peace of mind that her daughter will be safe while she's at work.

In addition to receiving this grant, as a member of Local 338, Rocio said, "My union has made my life better in many ways. Local 338 makes it possible for me to have access to dental and vision benefits and has always been there to help me at any time with questions about my job." This grant will help both Rocio and her daughter Graydis, and we are so happy to congratulate her as a winner of this grant!



This program offered by the UFCW Women's Network, as well as other programs including the NYC Facilitated Child Care Enrollment Project and New York State's Paid Family Leave, are all largely credited to unions like ours who have fought for hardworking parents to have access to affordable child care, while also ensuring job security so that they can care for the newest additions to their family. As union members, we must always remember the benefits that our unions provide for us both inside and outside of the workplace.



Have Children?

Let Us Help with the Costs!

At Local 338, we hold adding value to our members' quality of life outside of their workplace up to the same standard as fighting for workers' rights inside their workplace. We understand how important quality child care is, but that it's also incredibly expensive. As a member of Local 338, you may be eligible for two programs that will help towards these costs for working parents and guardians.

Local 338 Child Care Benefit

This benefit is open to members who are eligible in any of our Benefits Fund plans – so it's available to full-time and part-time members. To qualify, you simply just need to have children in childcare who are up to 12 years old.

The maximum benefit you can receive is \$1,600 per year. And while we recognize that's not a large amount, many of your fellow members have used their reimbursement towards other essentials for their families.

We encourage you to apply, which you can do by calling our office at 516-294-1338 ext. 1299.

New York City Facilitated Child Care Enrollment Project

This program is open to all Local 338 members who live in New York City. If you meet the program's eligibility requirements, you could receive a significant subsidy towards the cost of child care. In fact, several Local 338 members have received close to \$20,000 in subsidies towards the cost of childcare!

To verify your eligibility for the program, visit: local338.org/childcare

Don't let these opportunities for FREE MONEY pass you by!



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MY BENEFITS

With
Charles Hamilton
Funds Administrator



Benefits That Save You Money!

If you are a member eligible for medical benefits through the Local 338 Health & Welfare Fund, you should be aware that the Fund has introduced services and programs that help you avoid any cost shares – like copays, coinsurance, and deductibles!



You have a telemedicine benefit through our vendor/partner, Teladoc! What that means is that you can speak with a primary care and urgent care doctor through your smartphone, tablet or PC, and a board-certified doctor will be available to you 24 hours per day, 7 days per week, 365 days per year. Many times when you or your eligible dependents need a doctor, you can't get a quick appointment. With Teladoc, you can have that fast consult when you need it. And when you have a doctor visit through Teladoc, you have a \$0 copay. That's a lot lower than the \$50 urgent care center copay, or \$100 ER visit copay! We do suggest that before you need a doctor, you register with

Teladoc to create your account.

You can download the Teladoc App in the App Store. That way, when you do need a consultation, all you have to do to is visit Teladoc.com, log into your account and click "Request a Consult." You can also call 1-800-Teladoc (835-2362).



Through E-Surgeries, you have a surgical management benefit that allows you to have concierge-like service (meaning they will work with you and the surgeon to schedule all your appointments, make sure you have whatever you need after the surgery, etc.) for surgeries and other procedures at ambulatory surgical centers rather than in an outpatient hospital setting. E-Surgeries has contracted with top surgeons in the area who use ambulatory surgical centers rather than outpatient hospitals. What that means for you is that the

facilities are smaller, more personal, and offer a much better experience than hospitals. They have lower infection rates than hospitals, and generally achieve better results. Also, if you use this program, the Fund will waive ALL COST SHARES – no deductibles, coinsurance or copays! And, there is NO possibility of you running into an out-of-network anesthesiologist, pathologist, radiologist, or other doctor., as often happens in a hospital setting, even when your primary surgeon and the hospital itself is in-network, that will leave you owing money!

To contact E-Surgeries: 1-833-378-2583 or www.esurgeries.com.

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As a member of Local 338, you and your family are entitled to a special discount on your prescriptions. In fact, you could save up to 65% off the cost, ensuring that you stay healthy for less!

The Magellan Rx Discount Card is accepted at most major retailers and local pharmacies, including:

- Acme
- Costco
- CVS
- Duane Reade
- Gristedes
- Rite Aid
- ShopRite
- Stop & Shop
- Walgreen's

It is designed to be used specifically should you not have health insurance or your insurance doesn't cover your specific prescription. But it can also be used even if you do have insurance, for example, have insurance through Local 338's Health & Welfare Fund? Just present this card to your pharmacist and they can help you compare prices to guarantee that you're getting the best deal on your prescriptions. You can even use it for your pet's prescription needs!

*For more information and to download the **FREE** Prescription Discount Card, simply log in to your "My Local 338" account (mylocal338.org). Be sure to keep the card in your wallet and show it to your pharmacist the next time you fill a prescription!*



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WE'RE HERE TO HELP!

With **Jennifer Lipack**
MAP Director



Get to Know Jennifer Lipack, Local 338's MAP Director

Jennifer Lipack, the Director of Local 338's Member Assistance Program has many years of experience helping people. In the feature below, she highlighted why she wanted to enter the field of social work and how she's been able to make a difference in the lives of Local 338 members and their families.

How long have you been a social worker? What are your primary areas of focus in your field?

I have been in the field for 15 years. My primary focus in the social work field is mainly substance abuse - which was not by choice. It was an opportunity that was offered to me, and from there my substance abuse background kept growing. Besides substance abuse, I enjoy working with addictions such as food addiction, depression, anxiety and mental health issues.

Why were you drawn to this field?

Since people were always telling me I was good at listening and helping others, I decided to pursue this career. In terms of education, I have always been interested in studying the human mind, psychology and why people act the way they do. In undergraduate, my professor told me the mind is a powerful thing. That stuck with me and made me want to learn more about human behavior.

Why is helping others so important to you?

Helping others also helps me to help myself. Sometimes when others are struggling, I like to be able to show them what their capabilities are. In doing so, it helps me reflect back on my own personal trials. It's important to me because it helps me learn about others and helps me grow. When the people who are around you feel good, it promotes a more positive vibe. It's important to me that more people are happy.

What would you say your is biggest accomplishment?

I would have to say my biggest accomplishment is that I am typically considered the underdog; anything I try and pursue, there are road blocks that slow me down from succeeding. Despite all that I continue to fight and dedicate my time to achieve the goals I want. I don't give up. To me, keeping that mindset and focus, especially when you have had as many struggles as I have had, is my biggest achievement.

What made you want to work in the labor movement?

Having a job is very essential to everyday life -- we spend the majority of our time at work, and we rely on our job for income and benefits. It's important to help individuals keep and excel at their job so that they can continue to live the life they want. I wanted to be a part of that momentum and continue to see individuals grow and be successful. A big part of social work is advocating for people's rights, and that fits perfectly into the labor movement.

Why is self-care so important and what's your favorite self-care method?

It is very important to take care of yourself. If you cannot help yourself, you cannot help others. When you are not well, you could put yourself and other people at risk, especially when they rely on you to be their backbone and strength. Without self-care you face burnout. Think of the cup analogy; If you are constantly emptying your cup by helping others, but not filling your cup by helping yourself, eventually you become empty with nothing else to give. When you practice self-care, you make your cup overflow and you have an abundance. As a social worker, I aim for that. It's more positive, safer and more helpful to others. My favorite self-care method is CrossFit. It lets me focus my energy on other things and makes me feel emotionally and physically stronger.

What are some of the things that MAP can offer members?

If a Local 338 member or their family member is struggling with substance abuse, mental health concerns, domestic violence, or any other matter affecting their livelihood, MAP can refer them to a trusted professional. MAP spends a lot of time researching resources within the community. We strive to be on top of all the resources available to connect our members with the person who is best able to help them overcome their struggles.

For more information about the Member Assistance Program or to speak to Jennifer Lipack, call 516-294-1338 ext. 1304.

member SPOTLIGHT

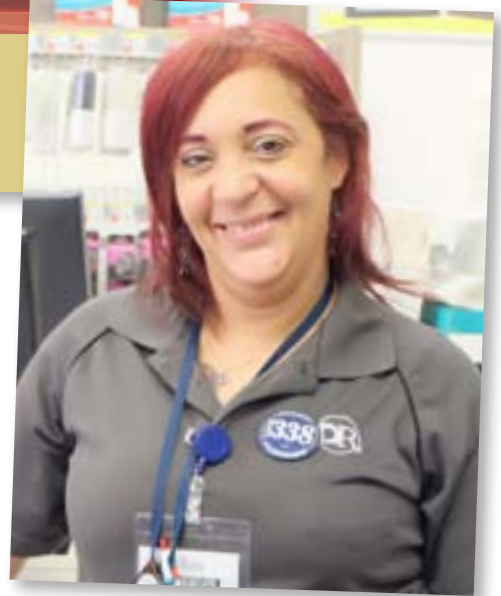
Yolanda Reyes *Giving Back to Her Community*

Yolanda Reyes has been a member of Local 338 for the past three years. Over the course of her employment at Duane Reade, she has been a warm smile and a friend for the customers who come in to shop. She has enjoyed being a head cashier and helping customers, all while helping the community. She says that so many customers who come in are always so happy to see her.

Outside of work, Yolanda has been member of a motorcycle and automobile social club since 2013. As a member of this club, she participates in a number of volunteer work, including community BBQ's, toy drives, and has even helped collect diapers and wipes to donate to local hospitals and shelters for babies and children in need.

Yolanda says the biggest motivating factor for doing all of this volunteer work is the joy that she and other members of her social club bring to children. She has a big heart and is mother to four children, and 12 grandchildren and as a result, has a lot of love to give back! She understands the importance of helping and paying good deeds forward. She says, "I know what it's like to not have what you'd like to have" and Yolanda brings energy to helping children in the community to have the things they may need.

Of all the events her club hosts, Yolanda says her two favorite events are the Halloween Party which is thrown every year for the children, as well as the cancer run which is near and dear to her. Despite having been through a lot in her personal life, Yolanda is a strong woman and has proven to be a caretaker for all. Thank you, Yolanda for sharing your story with us!



You've done amazing work, and we wish you all of the best, Yolanda!

338 News is YOUR News Source

Do you have a unique hobby, a special talent or a great accomplishment that you would like to share? Maybe you love to woodwork and have a back porch to prove it. Perhaps your coworker recently won an award but is too humble to brag about it.

Our unique abilities are what make us different but our togetherness as a union is what makes us strong. Contact Betsy Mercado at 516-294-1338 Ext. 1313 or email her at BMercado@local338.org to be considered as a feature in the next issue of 338 News.



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Supporting John Theissen Children's Foundation on Days of Giving Back

On August 24th and September 11th, Local 338 staff volunteered at the John Theissen Children's Foundation. On both days we began the day by packing backpacks for students in need of the supplies to help them succeed throughout the school year. Once the backpacks were all stuffed with notebooks, markers, rulers, and all other essential supplies, we had the opportunity to distribute these backpacks to local schools.

In addition to the annual "Back to School Supply Drives," the John Theissen Children's Foundation is also known for their toy collections throughout the year. All toys that are collected are delivered to local hospitals and medical centers for infants, toddlers, and adolescents. Throughout the day, we delivered dozens of toys, books, and stuffed animals to children receiving care in Stony Brook Hospital, Nassau University Medical Center, South Oaks, and Winthrop Hospital.

While it was emotional for all of us to see young children battling serious illnesses, seeing their faces light up with joy was also a gratifying reminder that we can make an empowering difference in someone's life just by spending a few hours volunteering in our communities.

We would like to thank the John Theissen Children's Foundation for allowing us to be a part of this inspiring day and for the amazing work that they do each and every day for families and children throughout Long Island.

If you'd like to get involved in supporting the work of the John Theissen Children's Foundation, visit jtcf.org or donate to our annual Toy Drive which supports this wonderful organization!



To see the highlights of the day visit:
www.local338.org/news/HomepageNews/JohnTheissenChildrensFoundationBacktoSchoolDrive.cfm

Support Your Community With Our Upcoming Donation Drives



Coat Drive

Each year, Local 338 “spreads the warmth” with our annual coat drive. This year, Local 338 will be continuing our tradition of donating new and gently worn coats to those in need. The coats will be collected between November through the end of December, and will be distributed to local charities across the New York area.

Please take a look in your closet and ask your coworkers, friends, and relatives to do the same! Join us in making sure no one is left out in the cold!

Food Drive

We are pleased to announce our annual Fall Food Drive that will be taking place from November through the end of December. All non-perishable food items will be collected for local food pantries and distributed to those in need in our communities.



Toy Drive

We will once again be collecting toys to support the John Theissen Children’s Foundation, which provides joy to sick and underprivileged children.

Thanks to your generosity, the annual Local 338 Toy Drive has collected over 25,000 new toys since 2000! This year’s collection will begin after Thanksgiving and continue until mid-December.



Donations can be dropped off at our next Membership Meetings, at Local 338’s Office during regular business hours, or with your Union or Funds/Service Representative.



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Wishing Our Members A Happy Retirement!

(Local 338's recent retirees between August 1 - October 31, 2018)

GLORIA BALFE

NELL BEAZER

ZENAIDA BELANICH

HENRY CAPUNAY

JOSEPH CARBONE

JUAN CARRANZA

CLARA CASALINO

VATSALA CASUBA

VIOLETA CEVALLOS

VITA CIMILLUCA

LILLIAN CIPOLLA

DALIA CORDOBA

ETHEL COURAKOS

MOISES CRUZ

ANTERO CUBA

GLENN DAY

DIANE DEBLASIO

DENNIS DURANT

RICHARD ENRIGHT

ALDO FESTA

ANTHONY FRATANGELO

ROBERT GHAFFARZADEH

LUCY GOMES

HECTOR GONZALEZ

LOIS GOODWIN

LUIS HERNANDEZ

LAVERNE JOSIAH

SUSAN KLEIN

AHOUTOU KOFFI

JOSEPH LAMBERSON

PAUL LANTIERI

NOEL LAWRENCE

SHELDON LEHRER

DEE MAEURER

JOSEPH MARINO

JOHN MARMORA

LINDA MELIA

JOAN MIRANDA

LYDIA MOWRY

RAYMOND NATALE

ALTHEA NEAL

PATRICIA NEIDERMAN

TREY NELSON

JAMES O REILLY

GERARDA PETITO

PAT RINI

MARK ROACH

NICOLETTA ROMANO

CHARLES SALOMON

ROSS SCHIFANO

LORNA SHERWIN

GERARD SIMONIN

JOHN SKARKA

HARVEY SKOLNIK

VICTORIA SMITH

ANDREA SMITH

JANET SPINELLI

JULIO TAVERA

EDWARD TYLER

ROBERT VERITY

DIJELA VULJAJ

JAMES YOUNG

MELIH YUKSEKOL

"Retired from my job, not from my union"

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For EVERYTHING Local 338 Follow Us On Social Media



Or visit us at MyLocal338.org

- Know your Rights: Download Your Contract
- Quickly Send Emails Directly to Local 338 Staff
- View Benefits you May Have and are NOT Using
- Learn about the Member Assistance Program
- Stay up to Date Union News & Events
- Articles about Fellow Members
- Scholarships for you and your Family
- Access to Free College Programs
- See Exclusive Member Discounts
- and much, much more!

***Be sure to stay
involved with Local 338***



Un Mensaje del Presidente

John R. Durso



Votar es Nuestra Responsabilidad

Cada año, nos encontramos diciendo "¡Esta es la elección mas importante de nuestras vidas!" Mientras esta declaración parezca "cliché", es increíblemente difícil no encender las noticias, iniciar Facebook, o hasta oír de casualidad una conversación mientras estamos en transporte público sin enfrentarnos a un recordatorio que nuestras elecciones tienen consecuencias muy reales.

En los últimos meses, hemos visto más y más normas que perjudican a muchos Americanos. Recientemente, aquellos que están en poder han promovido retorica que ataca a las mujeres, incluyendo sobrevivientes de asalto sexual, cambios a políticas que apoyan a las familias LGBTQ, y también el levantamiento de regulaciones ambientales básicas que limitan los productos químicos a los que usted puede estar expuesto. Incluso hay cambios propuestos que harían mas difícil para aquellos quien llegaron a nuestro país para convertirse en ciudadanos, algo que muchos de nuestros familiares y abuelos pudieron hacer. Como miembros de unión, también estamos perseguidos por la amenaza de legislación "Derecho al Trabajar" y cambios adicionales en la Junta Nacional de Relaciones Laborales que disminuyen los derechos de los trabajadores para luchar contra explotación en el empleo.

Sin embargo, no podemos desesperarnos. De hecho, deberíamos usar lo que esta pasando como motivación para estar mas involucrados en los asuntos que nos afectan diariamente. Deberíamos examinar los candidatos que postulan y preguntarnos "¿Que pueden hacer ellos por mi? Para mi comunidad?" A medida que pase por esta edición de 338 News, le sugiero que examine la lista de los candidatos apoyados (indicados en la pagina 2). Estos individuos se han postulado para posiciones estatales y del Congreso y han demostrado una y otra vez su apoyo de políticas, como permiso familiar pagado, el aumento del sueldo mínimo, además de otra legislación importante que continua a mejorar las vidas de todos nosotros. Nosotros también necesitamos lideres fuertes a nivel estatal como el Gobernador Andrew Cuomo y Tish James (postulada para Procuradora General de Nueva York) quienes son defensores de largo tiempo para el movimiento laboral y están dispuestos adoptar una postura firme contra las políticas nacionales que perjudican a los trabajadores del estado de Nueva York.

Aquí en Local 338, nos enorgullece en animar a nuestros miembros a involucrarse más y pasar el mensaje a sus compañeros, amigos, y familiares. Usted probablemente ha visto a su Representante de Unión y Representante de Fondos/Servicio repartiendo el formulario de registro de votante en las ultimas semanas que preceden la fecha limite de registro y también animando a miembros a salir a los lugares de votación el Día de Elección. Votando, por supuesto, es la manera mas fácil involucrarse. Sin embargo, además de salir y votar, yo también quisiera invitarlos a que contacten a nuestro Departamento Político al 516-294-1338 ext. 1274 para ver como usted puede ser parte de nuestros esfuerzos. Mediante el año, asistimos regularmente a eventos políticos incluyendo reuniones con oficiales electos de todos los niveles de gobierno y participamos en una variedad de eventos para promover el voto.

Es nuestra responsabilidad individual igual que colectiva, asegurarnos que estemos informados en los asuntos y presentarnos, igual que apoyando los candidatos y los oficiales electos quienes dan prioridad a nuestras necesidades, no solo como miembros de sindicato, sino también como miembros activos en nuestras comunidades, lugares de empleo, escuelas, y organizaciones religiosas. Cada Día de Elección nos presenta con una oportunidad sumamente importante para mandar un mensaje a aquellos que están en poder, que nosotros nos preocupamos por el futuro de nuestros hijos y el bienestar de nuestros vecinos. Recuerde, simplemente el acto de visitar su lugar de votación y votar, el martes 6 de noviembre, todos nosotros podemos hacer una diferencia y cambiar el curso del clima político actual – no solo en nivel local y estatal, sino también nacional.

¿Tiene Preguntas Sobre Inmigración?

Para muchas familias, las amenazas recientes de la prohibición de viaje y la eliminación de protecciones fundamentales para inmigrantes como Consideración de Acción Diferida para los Llegados en la Infancia (DACA, según las siglas en inglés) y Estatus de Protección Temporal (TPS, según las siglas en inglés) han causado mucha angustia y temor.

Si usted necesita asistencia con un asunto de inmigración, por favor llame a la oficina de Local 338 ya que hay servicios disponibles para asistirle a usted y su familia. Miembros de Local 338 inscritos en el Fondo de Beneficios son elegibles para 30 horas de servicios legales que cubren muchos asuntos relacionados con la inmigración.

Si un asunto migratorio no es cubierto por este beneficio, o si usted no está inscrito en el Fondo de Beneficios de Local 338, las siguientes organizaciones pueden también ser útiles para usted:

NYLAG Immigrant Protection Unit
7 Hanover Square, 18th Floor
New York, NY 10004
212-613-5000

Legal Services NYC
349 East 149th Street
10th Floor
Bronx, NY 10451
917-661-4500

Immigrant Defense Project
40 West 39th Street, 5th Floor
New York, NY 10018
212-725-6422

Nuestros socios en la oficina New York City Central Labor Council también ofrecen consultas gratuitas en las siguientes fechas y horarios:

Primer, Tercer, y Quinto miércoles de Cada Mes **5:00 – 8:00 PM**

New York City Central Labor Council
275 7th Avenue, 18th Floor, Manhattan (Entre las Calles 25 y 26)
212-771-1023

Segundo y Cuarto miércoles de Cada Mes **5:00 – 8:00 PM**

The CUNY Murphy Institute
25 West 43rd Street, 18th Floor, Manhattan (Entre la 5 y 6 Avenida)
212-642-2029

Si usted tiene preguntas adicionales, por favor deje mensaje en la Línea Directa de Inmigración (516) 294-1338 Ext. 1317, y le responderemos tan pronto como sea posible.

*Por favor consulte su folleto de Descripción Resumida del Plan o llame nuestra oficina para más detalles sobre el Beneficio de Servicios Legales o contacte la Oficina de los Fondos de Beneficios al (516) 294-1338 ext. 1776.



SOMOS MAS
FUERTES JUNTOS

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Ahorrrará Dinero

en su Próxima Receta Médica



Como miembro de Local 338, usted y su familia tienen derecho a un descuento especial para sus recetas médicas. ¡De hecho, usted puede ahorrar hasta 65% del costo, asegurando que usted pueda mantenerse saludable por menos!

La Tarjeta Magellan Rx Discount es aceptada en la mayor parte de tiendas y en farmacias locales, incluyendo:

- Acme
- Costco
- CVS
- Duane Reade
- Gristedes
- Rite Aid
- ShopRite
- Stop & Shop
- Walgreen's

Este programa de descuento es específicamente si usted no tiene su tarjeta de seguro médico o si su seguro médico no cubre su prescripción específica. Pero también se puede utilizar si tiene cobertura médica, por ejemplo, tiene seguro médico por medio del Fondo de Salud y Bienestar de Local 338? Simplemente presente esta tarjeta a su farmacéutico y ellos le pueden ayudar comparar precios y garantizar que usted obtendrá la mejor oferta en sus prescripciones. ¡Hasta puede utilizar esta tarjeta para las recetas médicas de su mascota!

Para mas información y para descargar la Tarjeta de Descuento Médico GRATIS, simplemente ingrese a su cuenta "My Local 338" (mylocal338.org). ¡Asegúrese mantener la tarjeta en su billetera y muéstrela a su farmacéutico la próxima vez que tenga que llenar un prescripción!



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LOCAL 338
RWDSU/UFCW

www.local338.org





Vive en la Ciudad de Nueva York?

¡Solicite IDNYC (Gratis)!

Todos los residentes de la ciudad de Nueva York, incluyendo miembros de Local 338, 10 años o mas puede solicitar una identificación gratis por medio de IDNYC sin importar su estado migratorio. ¡La tarjeta IDNYC tiene muchos beneficios! Usted puede usar la tarjeta para entrar todos los edificios de la ciudad, incluyendo las escuelas, así como obtener acceso a servicios de la ciudad y bibliotecas publicas. En ciertas instituciones financieras, usted puede utilizar la tarjeta IDNYC para abrir una cuenta bancaria, incluyendo el único banco sindicado en nuestra área: Amalgamated Bank. También se puede utilizar la tarjeta IDNYC como una forma de identificación cuando solicite empleo con prueba de autorización de empleo. ¡Usted puede disfrutar de membrecía gratis a 40 institutos culturales y museos, así como descuentos a medicamentos recetados, entradas al cine, eventos deportivos, centros de salud y bienestar, cuidados de animales, Citibike, y mucho mas!

Para solicitar para IDNYC gratis, puede hacer cita en varios Centros de Inscripción (localizados dentro librerías y organizaciones comunitarias) de los cinco municipios. Por favor tenga en cuenta los solicitantes de IDNYC deben presentar prueba de residencia dentro de los cinco municipios igual que presentar prueba de identidad. IDNYC no conserva sus documentos originales, y todos sus documentos son regresados inmediatamente. La Ciudad protegerá la confidencialidad de los solicitantes de IDNYC y no preguntara a solicitantes sobre su estado migratorio por propósito de obtener la tarjeta IDNYC.



Para mas información y comenzar el proceso de solicitar IDNYC, visite: nyc.gov/idnyc

Para leer el boletín completo en español por favor visite,

www.local338.org/newsletter-archive.cfm



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A handwritten signature in black ink, appearing to read "Joe Fontano".

Joseph Fontano
Secretary-Treasurer

A handwritten signature in black ink, appearing to read "John R. Durso".

John R. Durso
President

A handwritten signature in black ink, appearing to read "Neil E. Gonzalvo".

Neil E. Gonzalvo
Executive Vice President

Writer and Editor: Betsy Mercado, Jillian Salerno & Nikki Kateman | Layout and Design: John Falco

Our Mission: To Better The Lives Of Our Members And All Working People.

Local 338 RWDSU/UFCW | 1505 Kellum Place Mineola, NY 11501 | 516.294.1338